Suggested Questions and Discussion Points for Reflection: Lamentations 3:1-66

- **1.** Hope has always been integral to our faith. How do the following verses give you hope? Read, **Deuteronomy 4:25-31; 30:1-10**.
- 2. How does the New Testament give more of an optimistic outlook to Christians than what was possible in the Old Testament? Read, John 14:18; Acts 1:8; Romans 8:12-17; Ephesians 1:3-14.
- 3. How do you balance being saved by grace alone and perseverance in holiness? Read, Ephesians 2:1-10; Titus 2:11-14.
- **4.** Read **Psalm 42**. What gave the Psalmist hope in this chapter?
- 5. How did the Lord teach David in Psalm 32:3-7?